

## Classes offered in 2016:



Featured Teacher: Murshid Tansen Philip O'Donohoe (England)  
***Burning the Lamp of Dharma:  
Between the Gateless Gate and the Pathless Path.***

The Vedantic and Buddhist schools focus on what they call the transmission of Dharma which is not exactly definable but essentially it is the direct transmission of light, wisdom and spiritual realization from heart to heart. For Murshid Samuel Lewis spiritual awakening was received and imparted through transmission and direct experience. His Dharma transmission came primarily from zen masters such as Nyogen Sensaki, Sokie-an Sasaki, and the Bhakti yogis Papa Ram Dass and Mother Krishnabai. Through concentration, meditation, chant, dance and walk we will dive into this rich reservoir of such Yogic and Buddhist practices given by Murshid SAM and his teachers as well as many others from these streams of blessing.



Murshid Saadi Neil Douglas-Klotz (Scotland)  
***Illuminating the Shadow:  
Life as Teaching, Teaching as Life***

Meditation, Walk, Dance, Zikr. Drawing from a new collection of the letters, articles, interviews and practices of Murshid Moineddin Jablonski, the successor of Murshid Samuel Lewis, who guided the Ruhaniat from his early 30s until his passing at the age of 59. "Many of the lessons we must learn are hard lessons, and many we make hard. Some others may be easier to master, and our own ease makes them so. But all of our lessons, and we are here only to learn them, are given out from the Book of Love authored by the Hand of God." –Murshid Moineddin

### ***The Fire Lit from a Distant Star: Initiators Class (by invitation only).***

Teachings for initiators from our lineage, this year focusing on: Sufi teachings and practices for clearing the heart and mind, especially for working with mureeds and in connection with conducting classes. Resources from: Hazrat Inayat Khan, Murshid S.A.M., Murshid Moineddin, the mysticism of the Qur'an (Throne Verse, Verse of Light). Sohbet, fikr, zikr and more.



Murshida Sophia Onnen (Germany)  
***Spiritual Training Through Music***

A wonderful path, to find into the center of our inner Being, the Divine Source of Life, is Music. Hazrat Inayat Khan called it Giza-i-Ruh, food for soul and spirit, which can free us from our chains. Roots: the paper of Murshid S.A.M.: for awakening the voice of our Heart with the most holy sound HU. We can find out, who we are: with Sufi-Zikr, Wazifas, Dances, Meditation and Stillness. "There are those who love Dharma, and there are those who love drama." –Murshid Moineddin Jablonski.



Murshida Baraka von Kügelgen (Germany)  
Healing Class:  
***Transformation and Healing through Spiritual Walks***

Rhythm and balance are essential means to heal us. With the development of the spiritual Walks Murshid Samuel Lewis has gifted us with helpful tools for this purpose. We will explore and experience the healing potential of different walks and walk combinations as well as the fana of universal tassawuri walks. In addition, we will deepen in the healing ritual. "Keep the thought on God, maintain rhythm and one will be following the middle path." —Murshid S.A.M.



Khalif Wali & Sheikha Ariënne van der Zwan (Germany)  
***The Inner Life***

From Hazrat Inayat Khan we can learn that going inside is a journey for which one needs to prepare. Otherwise, we risk returning without having reached our destination. Our provision for the inner path consists of mastery of mind (murakkabah, concentration), spiritual guidance (hadi, the guide), receiving knowledge of the inner world (marifat, gnosis, incomparable with what one has learned before), meditation (ryazat) and love ('ishq or ma'abud) of the everyday life. In the classes, we will work with these elements, guided by Hazrat Inayat Khan and Murshid SAM.



Sheikha Alima Stoekel (Germany)  
***The Purpose of Life***

The soul, who lives its deeper purpose, can feel a joy in everything. Under all circumstances and in each experience – be it pleasure or pain, success or failure – even in the broken heart – she experiences the purpose of her life. With the rich tools of our transmission we approach those wisdom teachings from the book: "The Purpose of Life" by Hazrat Inayat Khan



Khalif Jelaluddin Sturm (Germany)  
***The Creative Potential of our Dark Sides – in the Path of Light***

"Doubt is always throwing shadows in the path of light," says Samuel Lewis in his commentary on Hazrat Inayat Khan's "Metaphysics." Mostly we don't want to see the shadows, the dark sides of our personality. But they are constant companions in our lives. In this class we will invite the dark sides to show themselves, to reveal their secrets and their power – to be transformed into a creative potential for our path. – With music and meditation, practices and Soulwork.



Sheikha Rahmana Dziubany (Germany)  
***Nature Meditations:  
Into the Silence of Here and Now***

We bring our stories, the thoughts, feelings and images of our our soul-landscape to the nature around Proitzer Mühle. We will be in the fields and forests, on the meadows and near the water. With the elements – inner and outer – we seek the union with God. Through walking meditations, breath work, dance and song we will experience the divine song singing through us and enter the silence. From writings on the elements of Hazrat Inayat Khan (Mysticism Githas, Voice of the Cosmos) and Murshid Samuel Lewis.



Sheikha Nurah Jäger (Germany)  
***The Gift of Blessing***

To give and receive blessing (baraka) is a very special treasure on the spiritual path. "The more the living heart can give to humanity, the greater the capacity which will be created within it for the receptivity of the blessings from God." –S.A.M. Through mantric practice, meditation, and dance, we can experience the stream of blessing in the different spiritual traditions and widen our heart-space, so that we can receive more and more from the life-giving power of blessing and pass it on to others. Support from the paper of Murshid Samuel Lewis, "The Bestowing of Blessing."



# 14<sup>th</sup> EUROPEAN RUHANIAT SUMMER SCHOOL

## 2016

## Shining the Lamp of Dharma: The Pathless Path

2. – 9. July 2016

Proitzer Mühle near Uelzen

## Shining the Lamp of Dharma: The Pathless Path



- **Introduction to the Sufi path** and to the lineage of Hazrat Pir-o-Murshid Inayat Khan, Hazrat Pir Samuel L. Lewis and Hazrat Pir Murshid Moineddin Jablonski.

- **A variety of classes:** for those already on the Sufi path, including Sufi guides, as well as for those exploring taking up Sufi practice.

- **Guided retreat processes** using Dances of Universal Peace, meditation, Sufi zikr and wazifa (mantric practice), walking concentration, body awareness, Sufi soulwork, Sufi healing practice, silence and Sufi stories.

- A wonderful way to experience and share practices with the **main Ruhaniat Sufi guides** from Europe.

- A **beautiful venue in nature**, comfortable accommodation and healthy food catering to a variety of diets. Experience our Sufi Café atmosphere on the terrace of Proitzter Muehle.

- **Joyous community with seekers** from a dozen countries and languages – eating, dancing and praying together.

Many spiritual traditions speak of Way, Light, Path or Purpose—all of which could be translated by the term *dharma* or the Sufi term *din*. It is, as Christian mystic Meister Eckhart said, a “way that has no path but is off any travelled

*Dharma is called duty when one feels it as a weight and becomes harmony when one perceives it as the source of happiness.*

– Murshid Samuel L. Lewis

path.” How do we follow our own path with joy, but remain feeling connected to all in love?

This year, we will explore the rich way that our tradition explores these themes, especially through the *dharma* teachings and practices experienced by Murshid Samuel Lewis with his Hindu and Zen teachers. Murshid Moineddin Jablonski also followed a very unique path as Murshid S.A.M.’s successor, and his teachings feature in a new book that will be the subject of another class. Other offerings will include: spiritual ecology, Hazrat Inayat Khan’s “The Purpose of Life,” meditations with sound and music from Murshid Samuel Lewis, Healing, the gift of blessing (*baraka*), Soulwork and much more.

As before, our annual Summer School will feature classes for both beginners as well as experienced students on the Sufi path. You can expect: meditation, spiritual practice, Dances of Universal Peace, Sufi zikr, walking meditation, Sufi stories and deep community with seekers from across Europe and the rest of the world. Join us!

With: Murshid Tansen, Murshida Sophia, Murshida Baraka, Murshid Saadi, Khalif Jelaluddin, Khalif Wali, Sheikha Arienne, Sheikha Alima, Sheikha Rahmana and Sheikha Nurah.

Our summer school is dedicated to the service of peace and for the benefit of all living beings. Murshid Samuel L. Lewis (1896–1971) was a mystic schooled in both Zen and Sufism, recognized as a teacher in both traditions, who felt that spirituality should be a matter of living experience, not concepts or theories. His spiritual successor, Moineddin Jablonski (1942–2001) believed that spirituality was not fully realized until fully embodied, with all elements of the personality – light and dark – included in a life of joy and compassion. Both lived and taught in the tradition of Hazrat Inayat Khan (1882–1927), who brought a form of universal Sufism to the west. On this path we recognize and honor equally all the different spiritual traditions of the world.

If you wish to explore or deepen in the Sufi path, the Summer School is a great place to be. The wide variety of classes as well as



the relaxed, informal atmosphere and sharing with people from many different lands is invigorating and uplifting. Here you can find depth in the practices, guidance and a company of fellow travelers with open hearts and arms ready to embrace you.

Join us. We look forward to sharing with you.

**Murshid Saadi Neil Douglas-Klotz, Director**



**Location:** Proitzter Mühle is in North Germany, in the hills of the nature reserve park of the Elba river, surrounded by forests, meadows and lakes. Proitzter Mühle is an old watermill, whose history goes back to the 14th century. The buildings are on a 10 hectare site and have been remodeled to a high standard, with a large, wooden sprung-floor dance space on which can dance 200 people. Full transport details will be sent 4 weeks before summer school, and there will be help for non-German speakers.

**For more information on the site,** see [www.proitzter-muehle.de](http://www.proitzter-muehle.de)

**Director:** Murshid Saadi Neil Douglas-Klotz

**Assistant Director:** Murshida Sophia and Murshid Tansen

**Manager:** Edmund Aziz Dixon

**Organisational Director:** Qadima Sabine Brandt

**Summer School tuition:** 385 € per person, Couples: 730 €  
235 € Young adults, reduced 165 € (in education)

**Accommodation – several options (per person):**  
310 to 340 € (Bedroom/including meals, depending on the room)  
240 € (Camping/Mattress room)

**Early Registration Discount:** 50 € for booking if your deposit of 250 € is received in the bank before 1st March 2016.

**Info and registration:**  
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**Online registration at:**  
[www.sufiruhaniat.eu](http://www.sufiruhaniat.eu)

