

Program und classes 2020



Murshid Saadi Neil Douglas-Klotz (Scotland)
Love in the Tavern of Ruins

The greatest love story never told is your own. "Nothing exists except the fire of passion." Practice, story, group Soulwork, Dance, Walk, zikr. See summer school description on reverse.

The Path is in the Process

Annual class for Sufi guides and those in training. Attendance by permission. Lineage teachings, practices and sharing from Hazrat Inayat Khan, Murshid SAM, Murshid Moineddin and their teachers from all traditions.



Murshida Sophia Onnen (Germany)
Unfoldment of the soul – overcoming limitations with Love

The path through the ruins frees us from outdated attachments. Our "old" life stands "on the head"; insecurity helps the unexpected to occur, for development and ripening. Our holding on is replaced by an adventurous spirit: clear, courageous, fearless, determined, full of faith in all-embracing Love. Inspired by the writings of Murshid Moineddin. Sufi-Soulwork, Zikr, breathing and walking meditations, dances, stillness.



Murshid Philip Tansen O'Donohoe (England)
Cultivating the Inner Ease of the Heart Sphere

Hazrat Inayat Khan in "Moral Culture" outlines three stages of moral development: Reciprocity, Beneficence and Renunciation. From awareness of differences between us, we learn to see chords of connection and as distinctions fade away we realise there is but One Life, One Being. Murshid SAM in his commentary shares a several practices to help us in this journey will be explored along with fana, fikr, zikr and dances.



Murshida Baraka von Kugelgen (Germany)
Healing Class: Step by step toward Healing and the One

What footprints do we leave on Mother Earth? It can no longer be overlooked that she is calling us for help. With the Spiritual Walks, this precious tool of Murshid SAM, we sense and explore their healing effect for the benefit of the earth and ourselves, for our fellow human beings and for the whole of nature. Healing practices and the Healing Ritual will also help us on our path.



Sheikha Alima Stoeckel (Germany)
Tests on the Path of Love

"When love beckons to you, follow it, though its ways are hard and steep. And when it speaks to you believe in it, though its voice may shatter your dreams." With meditation, Soulwork, dances, silence and sharing we will dive into Khalil Gibran's writing "On Love," supported by sympathetic texts from Murshid Moineddin Jablonski in "The Gift of Life" and "Illuminating the Shadow".



Khalif Jelaluddin Sturm (Germany)
The adventure of relationship – in challenging times

What do we need for happy relationships, and what can we give of ourselves for them? Does the egocentricity of our time make us too narrow to enter into relationships in love, harmony and beauty? What do we fear and what do we hope for? We will explore these opposites to understand and expand ourselves. And we will be inspired by Samuel Lewis' "Perfection of the Heart" and "Intimate Relationships".



Sheikha Rahmana Dziubany (Germany)
In the Garden with the Drunken Poets

Nightingales, rosegardens, treasure chambers – the sufi poets of the centuries express their God-search and drunkenness through intense powerful images. Clear and without compromise they show us a path of God realization through ecstasy. We meet Rumi, Hafiz, Khabir, Yunus Emre, Rabia, her unveiled sisters and Noor-un-Nisa. Body prayers, wazifas, dance, tassawuri walks, silence open the inner dialogue, our meeting point with them as mirrors on our own journey with God.



Sheikha Natalia Lapteva (Scotland)
"Love the Wounded Places in You" – Moineddin

If we want to become channels of love for our complex world, we need to also develop compassion towards whatever flaws we encounter within, so that we are not projecting our inner war outside. Yet we often miss the chance to treat ourselves with kindness. We will explore practices that can be particularly helpful with this task. This class includes walking and sitting meditation, wazifa work, contemplation, and zikr.



Sheikha Zubin Nur Westrik (Netherlands)
Finding our way, inside and out

Using Pir Moineddin's book "Illuminating the Shadow", let's deepen our understanding of ourselves. Using Soulwork, Dances and Spiritual Walks we will look at ways to nourish and heal ourselves. We will deepen our knowledge and experience of spiritual practice – mantra, wazaif, silence, the poetry of Sufi mystics and so make space for healing, creativity and transformation in ourselves and in the world..



Sheikha Nurah Majid Jäger (Germany)
Healing the Heart from the Depths of the Soul

Ecstasy or ruin? What keeps us from drinking the cup of love. Is it doubt, is it the flood of our thoughts? Is it experience of loss or misfortune? They invite us to broaden our hearts and become more compassionate "When love's torch lights our way love, it shows us what fairness, the honor of our word, and the charity of our heart means." (H. I. Khan). Zikr, body prayers, dances, poetry and silence help us to experience love in its entirety.



Sheikha Rafia Sieglin (Germany)
"Only love can change the world" – Moineddin

Listening into our hearts... Murshid Samuel Lewis has given us the wonderful poem "Song of Compassion," (Karuna Yoga Gita) a guiding thread with practices for an progressive heart-meditation – a practice to discover and cultivate the love in us. This process is supported through dances, work with wazifas, stillness and sound-meditations.

Plus:

- pre-breakfast morning class with Chinese movement, healing breaths, Sufi practice,
- evening programs including Dances of Universal Peace, Sufi zikr, Hazrat Inayat Khan's absent healing ritual, Sufi stories and more,
- silent retreat day with morning Sufi 'sesshir' alternating movement and meditation,
- a relaxed atmosphere in which one can absorb, share and meet old friends and new.



18TH EUROPEAN RUHANIYAT SUMMER SCHOOL

2020

Love
in a Tavern
of Ruins

27. June – 4. July 2020
Proitzer Mühle near Uelzen

Love in a Tavern of Ruins



This year's summer school will explore "Big Love" in its many different faces—through teaching, poetry, story, song, meditation, introspection, Soulwork and, of course, zikr, walking meditation and Dances of Universal Peace. We aim to go beyond the stereotypes of love and venture into its wild spaces and unanswered questions. These questions confront us every day in a world where many things we thought certain—institutions, culture, even our environment—seem to be crumbling around us. In the words of the classical Sufi poets, we are living in a veritable "tavern of ruins."

Life constantly asks us the same question: how do we connect the seen and unseen sides of life? From the moment we are born, *what* and *why* dominate our existence. While we may think of our lives in generalities, in big pictures, we live them in details. The unifying answer to all of the questions is love. Big love. Meaning not only romantic loves and friendships, but also how we deal honestly with teachers, students, family members, neighbours, acquaintances, enemies and, most importantly, ourselves.

"To each of you I offer these words of counsel: Deepen your compassion. Love the wounded places in you that need healing. Open yourself to the grace of illumination. Give freely of your joy. Share your neighbor's burden. Through all these avenues, discover your soul"

– Murshid Moineddin

The Prophet Muhammad once said, "the inner path is all about how we conduct ourselves in life" ("the *din* is all *adab*"). This is why the larger questions of love feature so importantly in Sufi stories and poetry, as well as in the transmission of our lineage teachers – Hazrat Inayat Khan, Murshid Samuel Lewis, Murshid Moineddin Jablonski, Ruth St Denis, Murshida Vera Corda, Frida Waterhouse and Raden Ayou Jodjana.

"Respect is more difficult to learn than love. Description is a window; example is an open door."

– Murshid Moineddin

Many of the classes take their inspiration from the life, work and words of Pir Moineddin, a human being and guide who shared honestly with us about the modern challenges of love, both of self and others.

We have some changes to our format this year: The second afternoon class session will feature four shorter 3-day offerings, allowing one to dip into some of our deepest lineage practices. We will again share a day of silent retreat, with the morning session team-led, alternating sacred movement and silent meditation.



As before, our annual Summer School offers classes for both beginners as well as experienced students on the Sufi path. We aim to nurture a community with seekers from across Europe and the rest of the world. Join us!

With: Murshid Tansen, Murshida Sophia, Murshida Baraka, Murshid Saadi, Khalif Jelaluddin, Sheikha Alima, Sheikha Rahmana, Sheikha Rafia, Sheikha Nurah, Sheikha Zubin Nur and Sheikha Natalia.



spirituality should be a matter of living experience, not concepts or theories. His spiritual successor, Moineddin Jablonski (1942–2001) believed that spirituality was not fully realized until fully embodied, with all elements of the personality – light and dark – included in a life of joy and compassion. Both lived and taught in the tradition of Hazrat Inayat Khan (1882–1927), who brought a form of universal Sufism to the west. On this path we recognize and honor equally all the different spiritual traditions of the world.

If you wish to explore or deepen in the Sufi path, the Summer School is a great place to be. The wide variety of classes as well as the relaxed, informal atmosphere and sharing with people from many different lands are invigorating and uplift-



The annual international summer school of the European Ruhaniat is dedicated to the service of peace, for the benefit of all living beings. Murshid Samuel L. Lewis (1896–1971) was a mystic schooled in Zen, Sufism, and Christian mysticism, recognized as a teacher in all three traditions, who felt that

ing. Here you can find depth in the practices and guidance as well as the company of fellow travelers who welcome you with open hearts and arms.

We look forward to sharing with you.

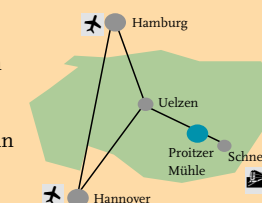
Murshid Saadi
Neil Douglas-Klotz
Director



Location:

Proitzter Mühle is in North Germany, in the hills of the nature reserve park of the Elbe river, surrounded by forests, meadows and lakes. Proitzter Mühle is an old watermill, whose history goes back to the 14th century. The buildings are on a 10 hectare site and have been remodeled to a high standard, with a large, wooden sprung-floor dance space on which 200 people can dance. Full transport details will be sent 4 weeks before summer school, and there will be help for non-German speakers.

For more information on the site, see www.proitzter-muehle.de



Director: Murshid Saadi Neil Douglas-Klotz
Assistant Director: Murshida Sophia and Murshid Tansen
Manager: Edmund Aziz Dixon
Organisational Director: Qadima Sabine Brandt
The European Ruhaniat International Summer School is legally and financially independent of any other corporation or organization.

Summer School tuition: 410 € per person, Couples: 770 €
265 € Young adults, reduced 190 € (in education)

Accommodation – several options (per person):
395 to 425 € (Bedroom/including meals, depending on the room)
325 € (Camping/Mattress room).

Early Registration Discount: 50 € or 100 € (couples) for booking if your deposit of 250 € is received in the bank before 1st March 2020.

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