

## Classes offered in 2014:



Featured Teacher: Pir Shabda Kahn (USA)

**Life as the Teacher: Integrating Spiritual Liberty with the Impermanence of Everyday Live**

In the words of Hazrat Inayat Khan : "...the soul is an undivided portion of the all-pervading consciousness. It is undivided because it is the Absolute Being; it is completely filled with the whole Existence. The portion of it that is reflected by a certain name or form, becomes comparatively more conscious of the object reflected in it." So we live in the paradox of essentially being the whole Universe and feeling limited in our apparent sense of an impermanent separate self. Transforming our limiting notion of being a separate self into the direct experience of the All in All is the heart of the spiritual path. As we awaken to this whole-some reality our ability to serve becomes more and more profound!



Murshid Saadi Neil Douglas-Klotz (Scotland)

**Self-Protection: Walking Our Path with Strength and Peace** (based on papers of Murshid Samuel Lewis)

Life is change, and modern life can easily trigger our anxiety and fears. Murshid Samuel Lewis provides active practices to help develop peacefulness with love, life and strength. In addition, we will draw from the lineage of Abdull Qadir Jilani and the 'beautiful names' of the Qur'an. We will share much as walking meditation, so that we can carry realizations gained into everyday life. Zikr, body prayer, sitting meditation and Dances of Universal Peace will also be included.

### **Class for Sufi initiators (by invitation only)**

With Pir Shabda Kahn and Murshid Saadi Shakur Chishti

This class focuses on themes and practices for Sufi guides and initiators, including wasifa, advanced breath practice, tassawuri and attunement, fana-fi-sheikh and working with students. Lessons are drawn from the papers of Hazrat Inayat Khan, Murshid Samuel Lewis, Murshid Moineddin Jablonski and others in our lineage in response to the needs of the group.



Murshida Gita Sophia Onnen (Germany)

**Sufi-Zikr – The Central Practice of Remembering**

Exploring our holy relationship with the Divine source - inside and outside. Murshid SAM: Zikr is life itself. It expresses growth, feeling, thoughts, energy; life is pulsing, vibrating, magnetic and mobile. All qualities in a personality may be perfected through Zikr; the lions and tigers in us will be tamed. To come into peace with yourself, perfect your peace with God, with HU. Feel God in heart, breath and voice through dances, walking-concentrations, meditation, experience of various Zikr-forms, stillness.



Murshid Tansen Philip O'Donohoe (England)

**Kashf: Insight – Seeing with the Ears and Hearing with the Eyes**

Kashf is direct and immediate. By removing inner confusion and darkness we build our capacity for inner knowing, clarity and understanding in life. Based on the paper Kashf: Insight by Hazrat Inayat Kahn - with commentary by Murshid Samuel Lewis, we will explore practices of heart, breath and glance to uncover that place of peace and power within.



Murshida Baraka von Kügelgen (Germany)

**Healing Class: Peace and Healing for Our Bodies, Hearts and Souls.**

As mystics on the Sufi path we treat ourselves as patients who need to be healed, curing ourselves of our weaknesses. We long for life, for health and for peace. Peace is the nature of the soul, as Murshid SAM points out. In his Ryazat Papers we find precious teachings and interesting hints regarding the tools to deepen in to reach this goal – Nimaz, Wazifas, Zikr, Fikr, Kasab, Shagal. "By this the body becomes a fitting instrument for a fuller experience of life" (H.I. Khan). We will perform also the Healing Ritual.



Khalif Wali & Sheikha Ariënne van der Zwan (Germany)

**The Path of Attainment: A Gita paper by Inayat Khan with commentary from Murshid Samuel Lewis**

In the Path of Attainment, Inayat Khan describes how to become a master on your path to accomplishment. Whether the goal is material or spiritual, the first step is to feel and realize what your heart yearns for. The first and best tool to fulfill this yearning is concentration, focusing on your goal with all that's in you. In this class, open for all, we'll explain some of the mechanisms behind success drawn from this paper, illustrated with practices, DUP, stories, dharma talk and Q&A.



Sheikha Alima Stoeckel (Germany)

**Send us the Peace of Thy Divine Spirit.**

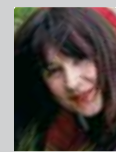
We connect with the divine source by sensing the holy names within us, and by walking with the energies of the planets and in the atmosphere of the masters, saints and prophets. In connection with the greater life true peace can become a reality in the midst of all polarities and challenges of our daily life. Source of inspiration will be the "Book of Peace" by Murshid SAM, the prayer Khatum and the Prayer of Peace by Hazrat Inayat Khan.



Khalif Jelaluddin Sturm (Germany)

**Creating Peace in Relationships. Dealing with Conflicts. Loving People.**

The nature of our relationships with other people depends on whether we live with conflicts or in peace in the world. Which attitudes can we develop to help us cope with difficult situations? Can we be peaceful and strong, respectful and loving? In "Moral Culture" Hazrat Inayat Khan offers us a varied range of opportunities – supplemented by Samuel Lewis's passionate comments.



Sheikha Rahmana Dziubany (Germany)

**Pearls in the Ocean of My Soul**

Hazrat Inayat Khan's Universal Worship Service, honours and unifies the world's spiritual traditions. We will explore this ritual by direct experience, attuning to the streams of wisdom through dance, body-prayer, tassawuri walks, also sharing talks given by Inayat Khan to Cherags. We culminate in a co-created cosmic celebration of Universal Peace. This class is for cherags, cherag candidates and all drawn and inspired by attuning to the mystical paths of the worlds traditions through sacred ritual and celebration.



# 12<sup>th</sup> EUROPEAN RUHANIAT SUMMER SCHOOL

## 2014

*Inner Peace:  
Source and Fuel for  
All Our Life-  
Potentials*

28.June–5.July 2014

*Proitzer Mühle near Uelzen*



## Inner Peace: Source and Fuel for All Our Life-Potentials

- **Introduction to the Sufi path** and to the lineage of Hazrat Pir-o-Murshid Inayat Khan, Hazrat Pir Samuel L. Lewis and Hazrat Pir Murshid Moineddin Jablonski.
- **A variety of classes:** for those already on the Sufi path, including Sufi guides, as well as for those exploring taking up Sufi practice.
- **Guided retreat processes** using Dances of Universal Peace, meditation, Sufi zikr and wazifa (mantric practice), walking concentration, body awareness, Sufi soulwork, Sufi healing practice, silence and Sufi stories.
- A wonderful way to experience and share practices with the **main Ruhaniat Sufi guides** from Europe.
- **A beautiful venue in nature**, comfortable accommodation and healthy food catering to a variety of diets. Experience our Sufi Café atmosphere on the terrace of Proitzter Muehle.
- **Joyous community with seekers** from a dozen countries and languages – eating, dancing and praying together.

As our main focus this year we will be offering ways to cultivate the state of inner peace while developing the ability to engage fully in all we do and to steadily fulfill our life purpose. The more peaceful we can become the more effective and the more successful we can ultimately be. Murshid Samuel Lewis while in Pakistan regularly visited the tomb of Saint Mian Mir who gave him the instruction: In peace there is power. By attunement to the “All-Embracing Living Silence” we can activate and have access to all of



our potentialities and all attainments because this place of Universal Peace is their source and all things proceed from there.

To foster this awareness we will draw from the teachings of our Sufi lineage sharing a wide variety of classes including meditation, soulwork, spiritual dance, self-protection practices, healing, the development of insight, the path of attainment, music, walks, sufi zikr, wazifa, and tassawuri. We are delighted this year to welcome once again as featured teacher Pir Shabda Kahn, the Spiritual Director of the Sufi Ruhaniat International, who will be joined by Sheikha Tamam Kahn, who will present some of her new research and poems on Fatima, daughter of Prophet Muhammad. The main Ruhaniat Sufi guides and initiators in Europe will also be offering daily classes. This year we have Murshid Saadi, Murshida Sophia, Murshida Baraka, Khalif Jelaluddin, Khalif Wali, Sheikha Arienne, Sheikha Alima, Sheikha Rahmana and Murshid Tansen (Director).

Our summer school is dedicated to the service of peace and for the benefit of all living beings. **Murshid Samuel L. Lewis** (1896–1971) was a mystic schooled in both Zen and Sufism, recognized as a teacher in both traditions, who felt that spirituality should be a matter of living experience, not concepts or theories. His spiritual successor, **Moineddin Jablonski** (1942–2001) believed that spirituality was not fully realized until fully embodied, with all elements of the personality – light and dark – included in a life of joy and compassion. Both lived and taught in the tradition of **Hazrat Inayat Khan** (1882–1927), who brought a form of universal Sufism to the west. On this path we recognize and honour equally all the different spiritual traditions of the world.

If you wish to explore or deepen in the Sufi path, the Summer School is a great place to be. The wide variety of classes as well as the relaxed, informal atmosphere and sharing with people from many different lands is invigorating and uplifting. Here you can find depth in the practices, guidance and a company of fellow travelers with open hearts and arms ready to embrace you.

Join us. We look forward to sharing with you.  
**Murshid Tansen Philip O'Donohoe, Director**

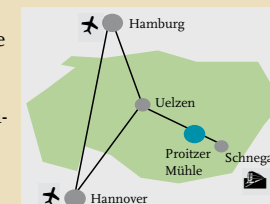
*Many people think they are striving for peace. This is illusory. The very struggle, the very sense of struggle, divides the personality. As we relax, as we refine the breath, as we keep the consciousness on spiritual practices, we go deeper and deeper toward that which is the source of both peace and power within. Thus, peace is not different from power and power is not different from peace.*

– Murshid Samuel L. Lewis



**Location:** Proitzter Mühle is in North Germany, in the hills of the nature reserve park of the Elba river, surrounded by forests, meadows and lakes. Proitzter Mühle is an old watermill, whose history goes back to the 14th century. The buildings are on a 10 hectare site and have been remodeled to a high standard, with a large, wooden sprung-floor dance space on which can dance 200 people. Full transport details will be sent 4 weeks before summer school, and there will be help for non-German speakers.

**For more information on the site,** see [www.proitzter-muehle.de](http://www.proitzter-muehle.de)



**Director:** Murshid Tansen Philip O'Donohoe  
**Assistant Director:** Murshida Gita Sophia Onnen  
**Manager:** Edmund Aziz Dixon  
**Organisational Director:** Qadima Sabine Brandt

**Summer School tuition:** € 360 per person, Couples: € 680

**Accommodation – several options (per person):**  
€ 295 to 315 (Bedroom/including meals, depending on the room)  
€ 225 (Camping /Mattress room)

**Early Registration Discount:** € 50 for booking if your deposit of € 250 is received in the bank before 1st March 2014.

**Info and registration:**  
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**Online registration at:**  
[www.sufiruhaniat.eu](http://www.sufiruhaniat.eu)

